

Weekly badminton sessions.

Meets will take place during school term on a Wednesday evening in the upper hall, Luddenden Foot, Station Road, between 7.00 pm and 8.00 pm.

The cost is £3.00 per person and includes refreshments.

**TELEPHONE 07 446 175 632
FOR MORE INFORMATION**

NEW FRIENDS

AGILITY

NEWCOMERS

WELCOME

BETTER REFLEXES

HAVE FUN SENIORS



7.00 PM

WEDNESDAYS

GAIN STRENGTH

YOUNG GET FIT ADULTS

ADULTS INCREASE YOUR FITNESS

RUN BY MR JONATHAN GALLOWAY

BADMINTON

NEW YEAR RESOLUTION